



The 17th Sunday
in Ordinary Time



Ask and it will be given you...



L U K E 1 1 : 9

**Whole Community Catechesis
Question of the Week**

Question for Adults: *Have your most recent prayers been prayers of praise, petition, or sorrow? Which kind of prayer do you need to practice more often?*

Question for Children: *What are you most thankful for right now?*

Mass Intentions for the Week of the 26th

- Monday 6:30 Rest of the soul of John Bacon
 Requested by Susan Bacon
- Monday Noon Birthday blessings for Herb Smith
 Requested by the Montenegro Family
- Tuesday 6:30 Birthday blessings for Karina Oriard
- Thursday Noon Rest of the soul of Jean Gibbons OCDS
- Friday Noon Rest of the soul of Julie Gemmill
 Requested by Mary Mosher
- Sunday 6:30 Health for Shirley Gibson
- Sunday 9am Rest of the soul of Betty Orvis
- Sunday 7pm In memory of Frank P., Anna, Madeline &
 Lucille Lieb

Stewardship Note

Jesus is describing God's immeasurable generosity when He says in today's Gospel, "Whoever asks, receives; whoever seeks, finds; whoever knocks, is admitted." But it should also be the description of us as Christian stewards — those seeking to follow Christ by using our gifts in service to others.
See Luke 11:10

July 25th

Sunday 25th

Readings
Gn 18:20-32
Col 2:12-14
Lk 11:1-13

*Coffee & Donuts after the
9am & 11am Masses*

Monday 26th

5:15pm Evening Prayer

Tuesday 27th

5:15pm Evening Prayer
5:40pm Rosary
7pm Knights of Columbus (Officer's Meeting)

Wednesday 28th

5:15pm Evening Prayer

Thursday 29th

5:15pm Evening Prayer

Friday 30th

OFFICE CLOSED

5:15pm Evening Prayer

Saturday 31st

3-4:30pm Sacrament of Reconciliation along with
Adoration of the Blessed Sacrament

Sunday August 1st

Readings
Ecc 1:2; 2:21-23
Col 3:1-5, 9-11
Lk 12:13-21

11am Seminarian Mass
(Reception to follow)

NO COFFEE & DONUTS TODAY

Monday 2nd

5:15pm Evening Prayer

Tuesday 3rd

5:15pm Evening Prayer
5:40pm Rosary

Wednesday 4th

5:15pm Evening Prayer



Heifer Project

The majority of the beekeeping families in the Honduras are small-scale coffee producers who have been seriously affected by the fall of international coffee prices. Beekeeping encourages diversification of production and income. Heifer provides funds to purchase bees, materials and equipment, as well as funds for training participating families, project monitoring and follow-up.

Musicians Wanted

If you play the guitar or piano, you are invited to share your talent by helping with a new program at the Cathedral. The Evangelization Committee is planning a series of "Seeker Services" beginning in the fall. The service is intended for non-practicing Catholics as well as unchurched people seeking to connect with a faith community. Music will be part of the events so we are inviting musicians to volunteer their services. If you are interested please call either the Cathedral Office (358-4290) or the Education Office (358-4293). We hope to have a first meeting of the volunteers in August.

Help Our Students Make Par

You are invited to participate in St. Patrick Catholic School's Golf-a-Thon on Monday, August 16, 7:00 a.m. – 7:00 p.m., at Esmeralda Golf Course at 3933 East Courtland in Spokane. Only \$90 per player or \$360 per foursome, and this fee includes everything: golf, power cart, and enough sustenance and hydration to make it through this 12-hour, 54-hole, grueling marathon. Collect pledges per hole for the school children! For more information, contact Cory at (509) 844-6538 or stpatsgolfathon@yahoo.com.

Faith on Fire Youth & Family Conference

This summer be inspired! Come to the new Faith on Fire Youth and Family Conference! Enjoy dynamic Catholic speakers out on the lawn, Mass inside the beautiful St. Mary Church, a Saturday night live band concert, new friends, delicious food, camping, fun activities, & more!

August 20-22nd, 2010

SPONSORING PARISH

ST. MARY CATHOLIC CHURCH IN ANACORTES, WA

Tel: 360-293-2101 **E-mail:** StMary@Fidalgo.net

Website: <http://www.stmaryanacortes.com>

PRAYER CHAIN

If you know of anyone who is in need of prayers, you may put them on the Cathedral Prayer Chain by calling Pat Harrett at 533-5451 or Marcie Spitzbarth at 838-5718.

New Ways to Pray

A.C.T.S.

This acronym stands for *Adoration, Confession, Thanksgiving, and Supplication*. You can use the acronym to help you pray for issues you care about and for help in acting as a faithful citizen.

Adoration: Praise God for his love for humanity, and for creating each human being with dignity. Express wonder for life and beauty, and the basic goodness of human beings.

Confession: Express your sorrow for an issue – a collective or social sin of humanity – that is facing the world today. This could include poverty, abortion, environmental destruction, or another issue mentioned in Faithful Citizenship. Take a moment to also recognize how you may have participated in the collective sin or issue, perhaps by your failure to do something about it.

Thanksgiving: Thank God for his forgiveness and for maintaining hope in the world and in humans despite our failures. Express thanks for the talents that God has given humans and the inspiration to use these talents to address issues like the one you have mentioned.

Supplication: Supplication is another word for intercession, or asking. Ask God to help bring about a positive solution to the issue you have identified – for an end to the social injustice. Ask him to help you see how you are called to be involved in addressing the issue. Invite the Spirit into your heart to inspire you.